

## Before and After Surgery Medication List

Medication (Brand Name) and Dose	Type	Before Surgery	After Surgery	Note
Docusate sodium (Colace®), 100 milligrams (mg)	Stool softener, over-the-counter	Begin 2 days before surgery; take 1 tablet or capsule 3 times a day.	Take 1 tablet or capsule 3 times a day for 3 days; then take as needed.	This is a mild medication that can help with constipation. You can also take what works well for you, such as MiraLax®.
Ondansetron (Zofran®), 4 mg	Anti-nausea, prescription	On the night before your surgery, dissolve 1 tablet under your tongue at bedtime.	If needed, you will be provided 1 refill.	
Acetaminophen (Tylenol®), 500 mg, 650 mg, or 1,000 mg	Pain, over-the-counter	On the night before your surgery, take 1 capsule, depending on the dose.	Take 1 capsule 4 to 6 times a day for 7 days, depending on the dose.	Do not take more than 4,000 mg a day.
Celecoxib (Celebrex®), 200 mg	Pain, prescription	On the night before your surgery, take 1 capsule.	Take 1 capsule 2 times a day for 7 days.	This medication contains sulfa. Tell your care team if you have a sulfa allergy.
Gabapentin (Neurontin™), 300 mg	Nerve pain, prescription	On the night before your surgery, take 1 capsule.	Take 1 capsule 2 times a day for 7 days.	If you experience drowsiness or dizziness, you can take 1 capsule at bedtime only.
Cyclobenzaprine (Flexeril), 5mg	Treats muscle spasms, prescription	Do not take before surgery.	Take 1 tablet every 8 hours for 3 days; then take as needed.	This medication can make you drowsy. You can choose to take it only at bedtime.

### Other medications you might take after surgery

Medication (Brand Name) and Dose	Type	Directions	Note
Oxycodone, 5 mg	Backup pain medication, prescription	This medication is available as backup only. If you have intolerable pain despite using the above medications, then take 1 tablet every 4 to 6 hours as needed	You must make an appointment for an office visit to request a refill for this medication.

**Not all patients are prescribed Doxycycline. If your physician has not prescribed it, you do not need it.**

Doxycycline, 100 mg	Antibiotic, prescription	Take 1 tablet or capsule 2 times a day for 7 to 14 days.	If you have breast implant(s)/tissue expander, you will use this medication until your drains are removed.
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If you have questions, please call 847.854.3522 (TTY: 711).

