

Communicating With Your Care Team

If you have any questions or concerns about your care, either before or after your surgery, we are here to help you.

Call us

If you have any questions or concerns, please call the office as soon as possible in case you need to be seen in the clinic. This will give us time to schedule your visit for the same day.

Please do not wait to call.

If you call later in the day, we may ask you to go to emergency department.

847.854.3522

TTY: 711

Monday-Friday

8:00 am-4:30 pm

Please call us if you experience any of the following:

Increasing redness or change in skin color over the breast, around the donor site or both

New drainage from the incisions

A temperature above 101 degrees F

Send a message through MyNM

If you have a **non-urgent** question or request, consider sending a message through your MyNM patient account. Through MyNM, you can:

Request prescription refills

Send secure electronic messages to your care team

Request and manage appointments

Pay your bill



You can access MyNM through the MyNM® app or online at nm.org/mynm. You can download the app from the App Store or Google Play, or text MYNM to 43506 for a link.

MyNM is intended for non-urgent medical matters only. **If you are having a medical emergency, please dial 911.**